

✓ **Fanny pack:**

- Cash/
- Foreign currency ①
- Charged cell phone  
(if permitted) ①
- Emergency contact info
- Credit card/ATM ①

✓ **Backpack:**

- Souvenir list
- Toiletry kit ① ②
- Sunglasses ①
- Loaded camera ①
- Books/music ①
- Bottled water/snack ①
- Umbrella ①
- Sweater ①

✓ **Toiletry Kit:**

- Toothbrush ① ②
- Toothpaste ① ②
- Dental Floss ① ②
- Hair Products ① ②
- Hairbrush/comb ① ②
- Razor ① ② ④
- Q-Tips ① ②
- Nail clippers ① ② ④
- Deodorant ① ②

✓ **Suitcase:**

- Pajamas x \_\_\_pr ①
- Underwear x \_\_\_pr ①
- Bras/sports ①
- Slippers/flip-flops ①
- Baseball cap/hat ①
- Blow dryer ①
- Travel Alarm clock ①
- Belt ①
- Cell phone charger ①
- Sneakers ①

- Driver's license
- School ID
- Passport ①
- Itinerary
- Hotel information
- Watch ① ② ③

- Small flashlight ①
- Paper/pen ①

*Just in case:*

- Extra underwear ①
- Extra socks ①
- Extra t-shirt ①
- Swimsuit ①

- Shampoo ① ②
- Conditioner ① ②
- Soap ① ②
- Contact Lenses/  
Solution ① ②
- Tissue pack ① ②
- First aide items ① ②
- Lotion/ sun block ① ②
- Eyeglass repair  
kit ① ② ④

- Sewing kit ①
- Extra glasses ①
- Extra film/batteries ①
- Plastic bags for dirty  
clothes ①
- Extra bag: sightseeing/  
souvenirs ①
- Comfortable walking  
shoes ①
- Flip-flops ①
- *Clothes list*

✓ **Suitcase: Clothes List**

<i>Warm weather</i>	<i>Cool weather</i>
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Tops

_____	_____
①      ③	①      ③
_____	_____
①      ③	①      ③
_____	_____
①      ③	①      ③

Bottoms

_____ x ___pr	_____ x ___pr
①      ③	①      ③
_____ x ___pr	_____ x ___pr
①      ③	①      ③

Jacket

_____	_____
①      ③	①      ③

Footwear

_____	_____
①      ③	①      ③
_____	_____
①      ③	①      ③

Socks & Hosiery

_____ x ___pr	_____ x ___pr
①      ③	①      ③
_____ x ___pr	_____ x ___pr
①      ③	①      ③

Accessories

_____	_____
①      ③	①      ③

Special Outfit/ Equipment/ Exercise

_____	_____
① Need to purchase	③ Wear traveling
② Replenish in kit	④ Do not carry on plane